

**2017 Cross Country Dates- updated 9/07/17**

Aug 23<sup>rd</sup> – Greensboro 4A Pre-Conference meet

Aug 24<sup>th</sup> – 1A Pre Conference meet

Aug 30<sup>th</sup>- City/County meet- High School

Sept 6<sup>th</sup>- East/Glenn/Trinity 4:30

Guilford 4A Conf. Meet 5:15

Sept 8<sup>th</sup> (Friday)- Friday Night Lights (3-9pm)

Sept 12<sup>th</sup>- 4A CPC Pre- Conference

Sept 13<sup>th</sup>- 3A Central Piedmont Pre- Conference

Sept 14<sup>th</sup> – Forsyth Home Educators meet- Kristen Hamilton – 336-536-2986

Sept 19<sup>th</sup>- Guilford 4A Conference Meet

Sept 20<sup>th</sup>- CPC meet (Glenn Host)

Sept 21<sup>st</sup> – Calvary Baptist

Sept 25<sup>th</sup>- Guilford 4A Conference Meet

Sept 26<sup>th</sup>- Forsyth Home Educators meet- Kristen Hamilton – 336-536-2986

Sept 27<sup>th</sup>- CPC Meet- East Host

Oct 3<sup>rd</sup>- Guilford 4A Conference meet

Oct 4<sup>th</sup>- CPC Meet- Glenn Host

Oct 11-CPC Meet- East Host

Oct 13<sup>th</sup> (Friday)- High Point University Invitational

Oct 14<sup>th</sup> (Saturday)- Mile Split Invitational (all day)

Oct 17<sup>th</sup>- 3A Central Piedmont Conference Championships

Oct 18<sup>th</sup> Greensboro 4A Conference Championships meet (starts at 3pm)

Oct 18<sup>th</sup>- 4A CPC Conference Championships (starts at 5pm)

Oct 19<sup>th</sup>- 1A Conference Championships

Oct 28<sup>th</sup>- Regionals (done by 3pm)

Nov 4- State (all day)