

2022 Cross Country Schedule

Tues Aug 16th- NW Guilford

Thur Aug 25th- NW 1A Conf meet and NCLA Conf

Sat Aug 27th- Oak Grove Invitational- 2 mile

Wed Aug 31- Forsyth County Meet

Thur Sept 1- NW Guilford

Tues Sept 6th NCLA

Wed Sept 7th- CPC Tenative

Fri Sept 9- Friday Night Lights

Tues Sept 13th- Rodney King-Greensboro Gladiators

Wed Sept 14- CPC

Thur Sep 15- Ragsdale

Tues Sept 20- NCLA Conf- NWP1A Meet

Wed Sept 21- CPC

Thur Sept 22- Phoenix Academy- Middle School Meet

Friday Sept 23- Tim Montgomery

Tues Sept 27- NCLA Conf- CCC Meet (middle school)

Wed Sept 28- CPC

Thur Sept 29th- Forsyth Home Educators- Brian Speas

Monday Oct 3- Calvary Day School- Joe Rybak

Tues Oct 4- NCLA Conf- CCC Meet- Middle school

Wed Oct 5- CPC

Thur Oct 6- NCLA/Atkins

Sat Oct 8- Mile Split Invite- Park closed

Tues Oct 11- NCLA Conf

Wed Oct 12- CPC

Friday Oct 14- High Point University

Saturday Oct 15th- Home School State Meet-Rodney King- 10am-1pm-park open; CAASC State Meet

Mond Oct 17-Summerfield Charter Academy Conf Championship- Chelsea Shelton

Tues OCT 18- Kevin Westwood at Forsyth Country Day

Wed Oct 19th- Metro 4a and CPC

Thur Oct 20- NW 1A and NW Pied 1A

Fri Oct 21- Atkins High School Conf meet

Sat Oct 22- NC Mile Split Middle School Invite-park open

Saturday October 29th- Regional Meets- Park closed until 4:30

November 5th- State Meet- Park Closed all day