

Special EVENTS









Youth ACTIVITIES

Drama Kids Acting Academy



Drama Kids includes; improvisations, scripts, speed training, character development and performances throughout the year!

Elementary

Instructor: Nicole Serrin **Dates:** Mondays, 9/12 - 5/15

Time: 4:30-5:30PM

Ages: 5-11

Middle / Highschool

Dates: Tuesdays, 9/13 - 5/16

Time: 6:00-7:00 pm

Ages: 11-17

Location: Kernersville Community Recreation Center

Fee: \$60/month

Registration: www.dramakidsnc1@gmail.com or

336-754-4385



Join us for storytime in the great outdoors at the park!

Instructor: Stefanie Kellum, Youth Services Librarian **Dates:** Saturdays October 1 and November 5

Times: 10:00 - 11:00AM

Location: Fourth of July Park

Ages: 8 & Under

Fee: FREE

For more information, call the Paddison Memorial Branch Library at 336-703-2933. May be cancelled in cases of bad or cold weather. Check the FCPL4KIDS Facebook page for updates.

Youth Futsel

This will be a fast paced program to create a fun and positive sporting environment to grow developmental skills.

Dates: Saturdays or Sundays, 12/10 - 2/25

Times: Saturday 10:00AM -5:00PM (Game times will vary

from week to week) Sundays 2:00-5:00pm

Location: Kernersville Community Recreation Center **Age Groups (Coed):** Elementary - Grades K, 1, 2, 3, 4, 5

Middle School and High School (will be played on Sundays)

Fee: \$45

Registration: www.kvparks.com

Mentor Tennis



Learn and/or improve your Jr. tennis skills with group tennis lessons every Saturday morning. Space is limited, so register ASAP!

Instructor: Coach Rod Pearson,

USPTA & USNTA Cert. & Triad area instructor

for 23+ years

Dates: Saturdays, 9/10 - 11/12

Times: 9:30AM - 1:30PM, (Class time depends on age)

Location: Fourth of July Park Tennis Courts

Fee: *\$85/ for 8 weeks

Ages: 6-8, 9-12

Registration: Please e-mail mentorent@gmail.com or call

336-459-0647.

Tumbling Acro Class

This class is offered for both Beginner and Advanced levels and includes instruction in tumbling and dance to create acrobatics.

Instructor: Stephanie Dellinger - DS Dance Academy **Dates/Time:** Tuesdays, 9/6-12/13 (Beginners), 6:00-7:00PM

Thursdays, 10/6-12/15 (Advanced), 6:30-7:30PM **Location:** Kernersville Community Recreation Center

Registration: dancestudio-pro.com/online/dsdanceacademy

Archery

Exploring Archery

Discover more of the sport of archery with this 4 night instructional class. Each week you will learn new skills to help you improve your knowledge and abilities in Archery. Note, all equipment wil be provided and personal eqipment will not be permitted.

Dates: Wednesdays - 10/5, 10/12, 10/19, & 10/26

Time: 6:00-7:00 pm

Location: Kernersville Community Recreation Center

Fee: \$30 for all four clinics

Ages: 7 and older

Registration: Ends 10/5, www.kvparks.com



Intro to Archery

This one hour class teaches the basics of archery! You'll learn safety, equipment, and basic shooting skills. This class is intended to make you feel comfortable shooting a bow and learn a skill that can be enjoyed throughout your lifetime.

Dates: Saturday, 12/3 **Time:** 10:15 - 11:15 AM

Location: Kernersville Community Recreation Center

Fee: \$10 for clinic **Ages:** 7 and older

Registration: Ends 12/2, www.kvparks.com

Intermediate Archery

Discover more of the sport of archery through this Intermediate class.

Dates: Saturday, 12/3 **Time:** 9:00 - 10:00AM

Location: Kernersville Community Recreation Center

Fee: \$10

Ages: 7 and older

Registration: Ends 12/2, www.kvparks.com



Lacrosse Cannons Fall Ball

Fall Ball is the perfect time to give Lacrosse a try! No experience needed. Our coaches will give you the fundamentals to play and enjoy the game. All new players can borrow protective equipment (helment, gloves, and pads for boys). All players will need to provide their own stick.

Dates: Wednesdays, 9/7 - 10/26

Times: 6:00 - 7:30PM

Location: Cash / Bagley Sports Complex **Ages:** Elementary School / Middle School

Gender: Boys & Girls

Cost: \$75

Registration: Ends 9/7, www.kvparks.com

High School Boys Training

This intermediate clinic is designed to promote; stick work, skills development and game scenerio training. Coaches

are former collegiate lacrosse players. **Dates:** Tuesdays, 9/6 - 10/25

Times: 6:00 - 7:30PM

Location: Cash / Bagley Sports Complex

Length - 8 sessions

Ages: 7th grade - 12th grade **Skill Level:** Intermediate Required

Cost: \$100.00

Registration: Ends 9/6, www.kvparks.com

High School Boys Advanced Training

Dates: Tuesday & Thursdays 9/6 - 10/27

Times: 6:00 - 7:30PM

Location: Cash / Bagley Sports Complex

Length: 16 Sessions

Ages: Experienced Varsity Players

Cost: \$250

Registration: Ends 9/6, www.kvparks.com

High School Boys / Adult League

Dates: Sundays, 10/2 - 11/13 **Times:** 1:30PM - 3:30PM

Location: Ivey M. Redmon Sports Complex

Season: 6 weeks, 12 games

Ages: Experienced High School Players / Adults

Fee: \$45

Registration: Ends 9/25, www.kvparks.com

Women's High School/Adult

Dates: Sundays, 9/18 - 11/13 **Times:** 10:00AM - 12:00PM

Location: Ivey M. Redmon Sports Complex

Season: 9 weeks

Ages: High School and Adults

Fee: \$45

Registration: Ends 9/16, www.kvpark.com

Adult

ACTIVITIES

Power Yoga

This yoga class is designed to try something new each week for overall tone and improve strength, balance, and flexibility.

Instructor: Ashley K Price, 200 hour registered yoga

teacher primary personal trainer

Dates: 9/12 - 12/19

Times: Mondays, 6:15 - 7:15PM

Location: Kernersville Community Recreation Center

Fee: \$20/ month Ages: 10 and up

Registration: www.kvparks.com



Barre

Barre Class is a fusion of ballet and pilates. A fun exercise that incorporates cardio and resistance training with balance and strength.

Instructor: Ashley K Price, 200 hour yoga teacher,

primary personal trainer **Dates:** 9/8 - 12/22

Times: Thursdays, 6:15PM - 7:15PM

Location: Kernersville Community Recreation Center

Fee: \$20/month Ages: 10 and up

Registration: www.kvparks.com

Pop Up Paint Night



You will be professionally led by a skilled artist to paint a one-of-a-kind 16x20 masterpiece in a fun, non-judgemental, and family friendly environment! Great for all ages. One-on-one attention provided. All paint materials provided.

Instructor: Clink Paint + Sip

Dates: Wednesday, 9/14, 10/12, 11/16 and 12/14

Times: 6:00-8:00PM

Location: Kernersville Community Recreation Center

Fee: \$35 / includes all materials **Registration:** www.kvparks.com

Mentor Tennis

Learn and/or improve your tennis skills with group tennis lessons every Saturday morning. Space is limited, so register ASAP!

Instructor: Coach Rod Pearson,

USPTA & USNTA Cert. & Triad area instructor

for 23+ years

Dates: Saturdays, 9/10 - 11/12

Times: 9:30AM - 1:30PM, (Class time depends on age

group)

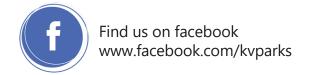
Location: Fourth of July Park Tennis Courts

Fee: *\$85/ for 8 weeks Ages: 12 and Up / Adult

Registration: Please e-mail mentorent@gmail.com or call

336-459-0647.

Call 336-996-3062 for information and our staff directory.







Adaptive RECREATION

Challenger Basketball

This league will help players gain self-esteem, increase independence, and develop friendships while learning the game of basketball. This program is designed for children and adults with disabilities to participate in a sports environment structured for their individual success. Battles against High Point Parks and Recreation and GBO Parks and Recreation Challenger teams will bring the spirit of competition!

Dates: Thursdays, 1/19 - 3/3 **Times**: 5:00 - 6:00PM

Location: Kernersville Community Recreation Center

Cost: \$15 (8-week season)

Registration: December 5th - January 9th,

www.kvparks.com

Adaptive Archery Clinic



Join us for a one hour adaptive archery clinic! This program is intended for people with disabilities and will focus on learning a new skill while having fun shooting. All adaptive equipment will be provided.

Dates/Times: Wednesday, October 26th (4:30-5:30PM)

& Saturday, December 3 (11:30AM - 12:30PM)

Location: Kernersville Community Recreation Center

Cost: FREE

Adaptive Sports Expo

This event will include a variety of adaptive equipment and activities for participants to try!

Dates: November 5th **Times**: 11:00AM - 2:00PM

Location: Greensboro Sportsplex

Challenger Cheer

What is a sports team without a cheer squad?! Join us to learn three cheer rountines and one dance to perform at the games throughout the season. This program is designed for youth and adults with disabilities who love cheer! Participants will focus on skill development and creating friendships among their teammates.

Dates: Thursdays, 1/19 - 3/3

Times: 5:00-6:00PM

Location: Kernersville Community Recreation Center

Cost: \$15 (8- week season)

Registration: December 5th - January 9th, www.kvparks.com

Adaptive Cycling Clinic



Join us for a fun day in the park to try out adaptive cycling! We will have multiple adaptive cycles on hand for people to try out. People of all abilities welcome. This will be a collaborative event with Kernersville Parks & Recreation, Winston - Salem Recreation & Parks, Solutions for Independence, and Special Olympics of Guilford County.

Dates: October 1st 2022 **Times**: 1:00 - 3:00PM **Location:** Fourth of July Park

Cost: FREE, registration encouraged

For more information about modifications and inclusion support for people with disabilities or concerns, call 336-564-2241 or email ecrisco@toknc.com

Adult ATHLETICS

Futsal Winter League

Dates: Sundays, 12/11 - 3/5 **Times:** 3:30 - 9:30PM

Location: Kernersville Community Recreation Center

Season: 8 game, single elimination

Ages: 18+ **Fee:** \$450 / team

Registration: Ends 12/4, www.kvparks.com

Lacrosse- Adult / High School Boys League

Dates: Sundays, 10/2 - 11/13 **Times:** 1:30PM - 3:30PM

Location: Ivey M. Redmon Sports Complex

Season: 6 weeks, 12 games

Ages: Experienced High School Players / Adults

Fee: \$45

Registration: Ends 9/25, www.kvparks.com

Lacrosse Women's Adult / High School

Dates: Sundays, 9/17 - 11/13 **Times:** 10:00AM - 12:00PM

Location: Ivey M. Redmon Sports Complex

Season: 9 weeks

Ages: High School and Adults

Fee: \$45

Registration: Ends 9/16, www.kvparks.com

Pickleball Clinics

Check our website for the latest updates at www.kvparks.com



Exploring Archery

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Archery

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Time: 6:00-7:00 pm

Location: Kernersville Community Recreation Center

Fee: \$30 for all four clinics

Ages: 7 and older

Registration: Ends 10/5, www.kvparks.com

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Dates: Saturday, 12/3 **Time:** 10:15 - 11:15 AM

Location: Kernersville Community Recreation Center

Fee: \$10 for clinic Ages: 7 and older

Registration: Ends 12/2, www.kvparks.com

Intermediate Archery

Discover more of the sport of archery through this Intermediate class

Dates: Saturday, 12/3 **Time:** 9:00 - 10:00AM

Location: Kernersville Community Recreation Center

Fee: \$10

Ages: 7 and older

Registration: Ends 12/2, www.kvparks.com

Basketball Winter League



Dates: Fridays, 1/13 - 3/31 **Times:** 6:30 - 10:30PM

Location: Kernersville Community Recreation Center

Season: 8 game, single elimination

Ages: 18+

Fee: \$450 / team

Registration: Ends 1/1, www.kvparks.com

kernersville parks & facilities

Ivey M. Redmon Sports Complex 788 Beeson Road

Bagley Sports Field Complex 4700 Old Hollow Road

Kernersville Mountain Bike Park 567 Smith Edwards Road

Kernersville Community
Recreation Center
125 E. Bodenhamer Street

Harmon Park 152 S. Main Street

Civitan Park 309 Nelson Street

Fool & Water Park1113 W. Mountain Street

Founders Park 101 N. Main Street **Century Lake Park** 309 Century Blvd.

Fourth of July Park 702 W. Mountain Street

Rotary Park 134 E. Mountain Street

Old Kernersville Lake 936 Lake Drive

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