

Adaptive and Inclusion Services: Participant Information Form

Thank you for your interest in participating in one of our programs! Kernersville Parks and Recreation Department is committed to facilitating recreation opportunities that are safe and enjoyable for everyone. This information will be used to determine what modifications and/or supports are needed to successfully participate in our activities.

Note: All information is voluntary and confidential. Information is shared only with staff members who will be working directly with the participant.

BACKGROUND INFORMATION				
Participant	Comments			
Name				
Date of Birth				
Parent(s)/Guardian(s) Name				
Contact	Phone: Email:			
Diagnosis	Primary: Secondary:			
Allergies/Dietary Restrictions				
Medical Precautions/ Contraindications	(Example: shunts, vestibular balance-related restrictions)			
About Participant	Comments			
Preferred Recreational Activities				
Entertainment Interests				
Non-preferred Activities				
Motivators				



Communication				
Method (check all that apply)			Co	omments
Spoken Voice				
Sign Language				
Augmentative and Alternative Communication Device				
Gestures/Leads/Guides				
Other (please explain)				
Expression	Independently	Partial Assistance	Total Assistance	Comments
Communicates Clearly				
Requests Help				
Expresses personal needs (bathroom, pain, agitation)				
Express wants (objects, activities, locations)				
Social	Independently	Partial Assistance	Total Assistance	Comments
Interacts with Peers				
Interacts with Staff				
Initiates conversation				
Maintains Conversation				
Respects Personal Space				
Shares with Others				
Takes Turns with Others				



ACTIVITIES OF DAILY LIVING					
Mobility (check all that apply) Comments					
Physically Independ					
Requires assistance inclines, or uneven					
Uses Mobility Equip	ment		Type:		
Personal Care	Independently	Partial Assistance	Total Assistance	Comments	
Dressing Skills					
Restroom Skills					
Eating Skills					
Wheelchair Transfer Skills				Preference:	
Recreation	Independently	Partial Assistance	Total Assistance	Comments	
Push					
Pull					
Lift					
Bend					
Twist					
Reach					
Balance					
Run					
Jump					
Swim					
Crawl					
Kick					
Throw					
Catch					
Grasp					
Pinch					
Other					



BEHAVIOR						
Perso	onality (check all that apply)					
	Excitable		Sociable		Outspoken	
	Active		Withdrawn		Cooperative	
	Passive		Sensitive		Uncooperative	
	Quiet		Inquisitive		Aggressive	
	Friendly		Easily Discouraged		Shy	
Other/Comments:						
Distr	ess Triggers (check all that app	y)				
	Activity Transitions	\Box	Light	\neg	Schedule Changes	
	Location Transitions		Noise		Temperature	
	Physical Touch		Being told "no"		Non-preferred activities	
	Tired		Hunger		Unfamiliar activity/task	
Other/Comments:						
Chall	enging Behaviors (check all the	nat ap	ply)			
	Yelling	\Box	Verbal Threats		Hitting	
	Kicking		Grabbing		Pinching	
	Property Destruction		Elopement		Biting	
	Self-harm (explain)		Gets "stuck" in one place		Eats non-edibles (Pica)	
	Refusal		Repetitive Thoughts		Cursing	
	Impulsive		Defiant		Repetitive Phrases	
Other	Comments:					



BEHAVIOR CONTINUED						
Current Behavior Management Techniques (check all that apply)						
Sequence (first_, then_)	Redirection			Br	eak from activity	
Visual Prompt		Transition Cue			☐ Re	eward System
Firm Voice		Timer/Countdown				equence Activity eps
Noise cancelling headph	nones	Calming area			S∈	elf-soothe items
Other/Comments:						
Safety Considerations	Independently	Partial Assistance	Total Assistance	Comm	ents	
Stays with group						
Recognizes danger						
Demonstrates vehicle safety						
Watches for vehicles (parking lots, crossing streets)						
Demonstrates Stanger awareness						
Listens to authority						
Follows 1-2 step directions						
Follows multi-step directions						
Other/Comments:						

All participants must adhere to Kernersville Parks and Recreation Department Adaptive and Inclusive Services Policies. All policies can be found at https://kvparks.com/recreation-programs/adaptive-inclusion-services. If you have further questions, please call our office at 336-996-3062, or email our Adaptive and Inclusion Coordinator Emily Crisco at ecrisco@toknc.com.



The Adaptive and Inclusion Services branch is excited to now offer Therapeutic Recreation services to those who wish to have documentation of their progress while participating in our programs. There is no additional cost for these services and are only provided at the expressed wish of the program participant or their support network. Objectives are determined by the participant's personal goals, dreams, and aspirations. Services are supervised by a Certified Therapeutic Recreation Specialist and North Carolina Licensed Recreational Therapist. If you or your loved one are interested in working on physical, emotional, cognitive, social, spiritual, or leisure awareness goals please fill in the information below and you will be contacted by our Adaptive and Inclusion Coordinator or Therapeutic Recreation Intern.

Plea	Please check the goal areas you are interested in.				
		Examples			
	Physical	Health, mobility, endurance, strength, flexibility, energy, activity skills, frequency of being active			
	Emotional	Happiness, regulation, self-awareness, self-acceptance, autonomy, competence, optimism			
	Cognitive	Concentration, following directions, memory, problem-solving			
	Social	Friendship skills, interpersonal skills, reciprocal relationship skills, initiating conversation, leadership, citizenship, confidence			
	Spiritual	Hope, inspiration, meaning, purpose, peace of mind, reflection, self-actualization, character, virtue			
	Leisure Awareness	Awareness, decision-making, community resources, motivation, enjoyment, satisfaction, self-advocacy			

^{*}Developed from the Flourishing Through Leisure Model (Anderson & Heyne, 2012)