

2024 Ivey M. Redmon Cross Country Schedule

Updated 9-4-24

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	Date	Start	End	Event
	Saturday, August 17	9:00am	3:00pm	Grizzly Growler
	Wednesday, August 28	4:30pm	6:30pm	Norm Traskoma Invitation
	Thursday, August 29	3:00pm	6:00pm	NW Invitational
	Tuesday, September 03	4:30pm	6:30pm	Atkins
	Wednesday, September 04	4:30pm	6:30pm	CPC
	Thursday, September 05			NCLA
	Friday, September 06	All Day		Friday Night Lights
	Monday, September 09			Greensboro Gladiators
	Tuesday, September 10			NCLA
	Wednesday, September 11			Ragsdale
	Thursday, September 12			NCLA
	Tuesday, September 17			NCLA
	Wednesday, September 18	4:30pm	6:00pm	CPC
	Thursday, September 19			Phoenix Academy
	Monday, September 23			Ragsdale
	Tuesday, September 24			Forsyth Home Educators
	Wednesday, September 25			CPC
	Thursday, September 26			NCLA
	Tuesday, October 01	4:30pm	6:00pm	NCLA
	Wednesday, October 02	4:30pm	6:00pm	CPC
	Thursday, October 03	4:00pm		Calvary Day School
	Monday, October 07			Forsyth County Middle School Championship
	Tuesday, October 08	4:30pm	6:00pm	NCLA

Date	Start	End	Event
Wednesday, October 09			NCLA Middle School Championship
Thursday, October 10			NCLA
Friday, October 11	2:30pm	6:00pm	Home School State
Saturday, October 12			NC Mille Split Invite
Monday, October 14			Our Lady of Mercy
Tuesday, October 15			Phoenix Academy Middle School Championship
Tuesday, October 15			NW Piedmont 1A Confernece Meet
Wednesday, October 16	3:00pm		Metro 4A
Wednesday, October 16	5:15pm		CPC
Thursday, October 17	1:30pm	3:00pm	Forsyth Country Day
Thursday, October 17	3:00pm		NW 1A
Friday, October 18			CAA4SC State
Saturday, October 19	9:00am	1:00pm	Middle School State Championship
Saturday, October 26	7:00am	4:30pm	Regionals
Saturday, October 26			CAA4SC State
Thursday, October 31	9:00am	3:00pm	NCCSA State
Saturday, November 02	All Day		NCHSAA State Championship