## **2025 Cross Country Schedule**

Date	Event
Saturday June 7	Fleet Feet 5k
Saturday August 23	Norman Traszkoma Invitational
Thursday Aug 28	NW Invitational- Rodney King
Wed Sept 3	Atkins
Friday Sept 5	Friday Night Lights
Mon Sept 8	Greensboro Gladiators
Tuesday Sept 9	NCLA
Wed Sept 10	Reynolds
Thursday Sept 11	NCLA
Tuesday Sept 16	Mt. Tabor
Thur Sept 18	Phoenix Academy
Mon Sept 22	Winston Salem Christian
Tues Sept 23	Forsyth Home Educators
Wed Sept 24	Kenneth Brooks- Reynolds
Thur Sept 25	NCLA
Tues Sept 30	Davidson County Championships
Wed Oct 1	East Forsyth
Thur Oct 2	NCLA
Fri Oct 3	UNCG Invitational
Tues Oct 7	NCLA
Wed Oct 8	WSFCS Middle School Championships
Thur Oct 9	NCLA Middle School Conf Championship
Friday Oct 10	Home School State Meet
Saturday Oct 11	NC Mile Split Invite
Tues Oct 14	Millenium Conf Meet/North Stokes/NCLA Conf Championship
Wed Oct 15	Mt. Tabor and East Forsyth Conf Champ
Thur Oct 16	Forsyth Country Day and Grimsley conf championship
Fri Oct 17	CAASC Meet
Saturday Oct 18	Middle School State Championships
Tues Oct 21	Union Grove Christian
Thur Oct 23	Closed for Conference Carolinas
Friday Oct 24	Conference Carolinas Championship
Saturday Oct 25	Regionals
Tuesday Oct 28	NCCSA State Meet
Thursday Oct 30	Closed for NCHSAA Meet
Friday Oct 31	NCHSAA State Meet
Saturday Nov 1	State Meet