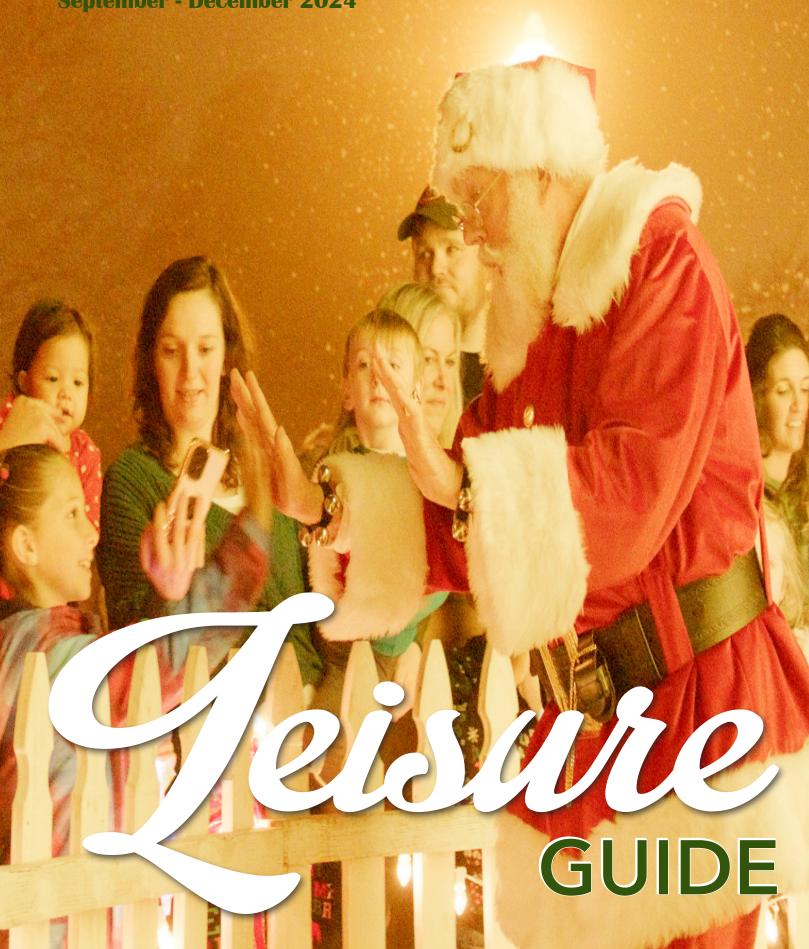
Town of KERNERSVILLE PARKS & RECREATION

September - December 2024



## Special EVENTS









# Youth ACTIVITIES & SPORTS

## **Drama Kids**Acting Academy

These classes are an exciting, theatre based child development program which develops acting and public speaking skills! Improvisations, speaking skills, creative movement, and a performance at the end!

#### **Elementary**

**Instructor:** Samone Dickey and Nicole Serrin **Dates:** Mondays, 9/9 - 12/16, No class 11/11

Time: 4:30PM - 5:30PM

**Ages:** 5-11

#### Middle / Highschool

**Dates:** Tuesdays, 9/3 - 12/17 **Time:** 6:00PM - 7:00PM

**Ages:** 11-17

Location: Kernersville Community Recreation Center

**Fee:** \$69/month on Mondays and \$74/month on Tuesdays

Registration: www.dramakidsnc1@gmail.com or

336-754-4385



Perfect for learning the basics of passing, serving, and hitting while making new friends and getting comfortable on the court. Always encouraging positive confidence. For beginners and those looking to improve their skills.

**Instructor:** Ashley Estes

Dates: Wednesdays, 9/4 - 9/25 (Check website for

additional classes). **Time:** 6:00PM - 7:00PM

**Location:** Kernersville Community Recreation Center

**Ages:** 12 - 15 **Fee:** \$40 / month

Registration: www.kvparks.com

## Tiny Tots Gymnastics

Come learn the basics of tumbling. This class helps increase fine motor skills, while having fun! Boys & Girls welcome.

**Instructor:** Coach K

**Dates:** Thursdays, 9/5 - 12/19 **Time**: 5:30PM - 6:00PM

**Location:** Kernersville Community Recreation Center

**Fee:** \$40 / month

**Ages:** 3-6

Registration: www.kvparks.com



**Beginners:** Come learn the basics of tumbling. We will work on handstands, round-offs and walkovers. Boys & Girls welcome.

**Advanced:** This class works on aerials, handsprings, tucks and more! Must know how to do a roundoff and back walk over to attend the class.

**Instructor:** Coach K

**Dates:** Thursdays, 9/5 - 12/19 **Times:** 6:00PM -6:45PM (Beginner), 6:45PM - 7:30PM (Advanced)

Location: Kernersville Community Recreation Center

Fee: \$45 /month

Ages: 7+

Registration: www.kvparks.com



Join us for storytime in the great outdoors at the park! **Instructor:** Stefanie Kellum, Youth Services Librarian

**Dates:** Saturdays, 9/7, 10/5 **Times:** 10:00AM - 11:00AM **Location:** Fourth of July Park

Ages: 6 & Under

Fee: FREE

For more information, call the Paddison Memorial Branch Library at 336-703-2930. May be cancelled in cases of bad or cold weather. Check the KPRD Facebook page for

updates.

## Youth

## ACTIVITES High School Mens /Boys Lacrosse League This intermediate clinic is designed to promote; stick work, skills development and game scenerio training. Coaches are

#### CONTINUED



#### Intro to Archery

This one hour class teaches the basics of archery! You'll learn safety, equipment, and basic shooting skills. This class is intended to make you feel comfortable shooting a bow and learn a skill that can be enjoyed throughout your lifetime.

Dates: Monday, September 16th

Time: 7:15PM - 8:15PM

Location: Kernersville Community Recreation Center

Fee: \$10 for clinic Ages: 7 and older

Registration: Ends 9/16 at noon,

www.kvparks.com or call 336-996-3062

#### **Intermediate Archery**

Discover more of the sport of archery through this Intermediate class.

Dates: Monday, October 21st **Time:** 7:15PM - 8:15PM

Location: Kernersville Community Recreation Center

**Fee:** \$10

Ages: 7 and older

Registration: Ends 10/21 at noon, www.kvparks.com or call 336-996-3062

former collegiate lacrosse players.

Dates: Sundays, 10/6 - 11/10 Times: 1:30PM - 3:30PM

Location: Ivey M. Redmon Sports Complex

**Season:** 6 weeks, 12 games

**Ages:** Experienced High School Players / Adults

**Fee:** \$45

**Registration:** Ends 10/4 at noon, www.kvparks.com

or call 336-996-3062



This will be a fast paced program to create a fun and positive sporting environment to grow developmental

Dates: Saturdays, 11/16 - 2/1

Times: 9:00AM - 3:00PM (Game and Practice times will

vary from week to week)

Location: Kernersville Community Recreation Center

Age Groups (Coed): • Elementary K, 1, 2 • Elementary 3, 4, 5

• Middle School

Registration Deadline: Saturday, November 16th, 9AM Registration & Additional Info: www.kvparks.com,

or call 336-996-3062

For more information about athletics, contact Brandon Bullins at bbullins@toknc.com







## <u>Adult</u>

## ACTIVITIES & SPORTS



Join our energetic line dance class workout party, where we combine the joy of dance with the benefits of a full body workout! Beginners/Experienced are welcome as routines

are easy to follow!

Instructor: Lonnie Marie

Dates: Thursdays, 9/5 - 12/19, no class on 11/28

Times: 6:00PM - 7:00PM

Location: Kernersville Community Recreation Center

Fee: \$10 / per class

Registration: www.kvparks.com



You will be professionally led by a skilled artist to paint a one-of-a-kind 16x20 masterpiece! Great for all ages. All paint materials provided.

**Instructor:** Paint Pop-Ups by Clink Paint **Dates:** Wednesdays, 9/18, 10/9, 11/6 & 12/11

Times: 6:00PM - 8:00PM

**Location:** Harmon Park / Kernersville Community

**Recreation Center** 

Fee: \$35 for one ticket or \$10 discount for two tickets

Registration: www.kvparks.com



#### **Intro to Archery**

This one hour class teaches the basics of archery! You'll learn safety, equipment, and basic shooting skills. This class is intended to make you feel comfortable shooting a bow and learn a skill that can be enjoyed throughout your lifetime.

Dates: Monday, September 16th

**Time:** 7:15PM - 8:15PM

**Location:** Kernersville Community Recreation

Center **Fee:** \$10 for clinic **Ages:** 7 and older

Registration: Ends 9/16 at noon

www.kvparks.com or call 336-9969-3062

#### **Intermediate Archery**

Discover more of the sport of archery through this Intermediate class.

**Dates:** Monday, October 21st **Time:** 7:15PM - 8:15PM

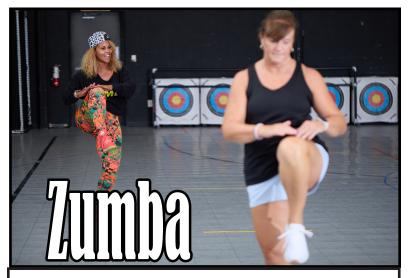
Location: Kernersville Community Recreation

Center

**Fee:** \$10

Ages: 7 and older

**Registration:** Ends 10/21 at noon, www.kvparks.com or call 336-996-3062



Get Fit! Make Friends! Have Fun with Zumba Fitness! Easy to follow so no dance experience is needed.

**Instructors:** Tiffany Barnes

**Dates:** Mondays, 9/9 - 12/16, no class 11/11

**Times**: 6:30PM - 7:30PM

Location: Kernersville Community Recreation Center

Fee: \$6/class / \$18/month

Ages: 18 and up

Registration: www.kvparks.com

## **Futsal Winter League**

**Dates:** Sundays, 12/10 - 3/10 **Times:** 3:30PM - 9:30PM

**Location:** Kernersville Community Recreation Center

Season: 8 game, single elimination

**Ages:** 18+ **Fee:** \$450 / team

Registration Deadline: 12/1 at 11:59pm, www.kvparks.

com or call 336-996-3062



Looking to take your stepping skills to the next level? Xtreme Step specializes in breaking down complex step moves in just one class. Take your fitness routine to the next level.

Instructor: Catina Redd

**Dates:** Mondays, 9/9 - 12/16, no class 11/11

Times: 6:00PM - 7:00PM

**Location:** Kernersville Community Recreation Center **Fee:** \$10/ per class, \$8/ per class if you bring your own

board.

Registration: www.kvparks.com

#### Mens Lacrosse High School Boys Adult League

This intermediate clinic is designed to promote; stick work, skills development and game scenerio training. Coaches are former collegiate lacrosse players.

**Dates:** Sundays, 10/6 - 11/10 **Times:** 1:30PM - 3:30PM

Location: Ivey M. Redmon Sports Complex

Season: 6 weeks, 12 games

**Ages:** Experienced High School Players / Adults

**Fee:** \$45

Registration: Ends 10/4 at noon, www.kvparks.com

or call 336-996-3062

## Adult Basketball League

**Dates:** Fridays, 1/17 - Mid April **Times:** 6:30PM - 9:30PM

**Location:** Kernersville Recreation + Event Center

**Season:** 8 game, single elimination

**Ages:** 18+ **Fee:** \$450 / team

**Registration Deadline:** Wednesday, January 8th at noon Registration & Additional Information: www.kvparks.com or

call 336-996-3062



This energizing, dynamic class links the connection between breath and movement. Variations and modifications are always offered as you learn to discover what feels best for your body.

**Instructors:** Mina Stahr

**Dates:** Wednesdays, 9/18 - 12/18

**Times**: 5:30PM - 6:30PM

**Location:** Kernersville Community Recreation Center

Fee: \$10/class / \$30/month

Ages: 18 and up

**Registration:** www.kvparks.com

For more information about programs, registration or interested in becoming an instructor, call 336-996-6421 or email hchapman@toknc.com

### **Pickleball Clinics**

Check our website for the latest updates at www.kvparks.com



## Adaptive **RECREATION**

## Challenger Basketball

Challenger sports is a program designed specifically for youth and adults with disabiliites. Please check our website, kvparks.com, for specific dates and times for the Winter 2025 season - coming soon! Ages: 8-35

Dates: January 2025 - March 2025

Registration opens in December 2024 **Location:** Kernersville Recreation + Event Center

Cost: \$15

### Bad to the Bow

Partnered adaptive archery competition with High Point Parks and Recreation for individuals with disabilities. Trained staff and all adaptive equipment will be on-site Contact ecrisco@toknc.com for further details and registration information.

Date: Wednesday, December 11th

Time: 6:00PM - 7:30PM

Location: Morehead Recreation Center

(101 Price Street, High Point, 27260)

Cost: FREE

For more information about modifications and inclusion support for people with disabilities or concerns, call 336-564-2241 or email ecrisco@toknc.com



This class incorporates strength, balance and flexibility to achieve a full body workout. A good

mix between yoga and ballet. **Instructor:** Melaina Staker Dates: Wednesdays, 9/4 - 12/18 Time: 9:30AM - 10:30AM

**Location:** Kernersville Community Recreation Center

Fee: \$8/ per class or \$30/ month

Ages: 16 and up

Registration: www.kvparks.com

## Challenger Cheer

Challenger sports is a program designed specically for youth and adults with disabilities. Please check our website, kvparks.com for specific dates and times for the Winter 2025 season - coming soon! Ages: 8-35

Dates: January 2025 - March 2025

Registration opens in December 2024 **Location:** Kernersville Recreation + Event Center

Cost: \$15



## Veterans Archery

Adaptive Archery program for veterans with or without disabilities. Trained staff and adaptive equipment will be provided. For more details and registration, please visit kvparks.com.

Date: Thursday, November 7th 2024

Time: 4:00PM - 5:30PM

Cost: FREE

**Location:** Kernersville Community Recreation Center

### kernersville parks & facilities

Ivey M. Redmon Sports Complex 788 Beeson Road

Bagley Sports Field Complex 4700 Old Hollow Road

**Kernersville Mountain Bike Park** 567 Smith Edwards Road

Kernersville Community
Recreation Center
125 E. Bodenhamer Street

Harmon Park 152 S. Main Street

**Civitan Park** 309 Nelson Street

**Kernersville Community Pool & Water Park**1113 W. Mountain Street

Founders Park 101 N. Main Street **Century Lake Park** 309 Century Blvd.

Fourth of July Park 702 W. Mountain Street

**Rotary Park** 134 E. Mountain Street

Old Kernersville Lake 936 Lake Drive

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