

WINTER/SPRING EDITION
JANUARY - APRIL 2024

A photograph of a man in a blue button-down shirt and tan pants dancing with a young girl in a red, sparkly, off-the-shoulder dress. The man is holding the girl's hand and a light blue jacket. In the background, another man in a plaid shirt is visible, and a person in a dark suit is bowing. The scene is set indoors on a wooden floor.

Leisure **GUIDE**

Special EVENTS

Father Daughter Dance

Presented by
 **State Farm**
Susanna Nunn

Welcome to
Barbie Land

Saturday, February 10th

6:00pm-8:00pm

*Ticket Sales begin Wednesday, January 10th
10am Online Only*



Enrichment Local Excursions Field Trips

KIDS SUMMER CAMP

Registration starts Tuesday, March 12th

Early bird rate is 5% off the regular rate and is available March 12th - April 5th

JUNE 10TH - AUGUST 9TH

AGES 6-12

www.kvparks.com

For more information about modifications and inclusion support for people with disabilities or concerns call 336-564-2241 or ecrisco@toknc.com



MOTHER AND SON CHALLENGE

**May 10th
2024**

**Details
coming soon**



Youth ACTIVITIES

Drama Kids Acting Academy

Drama Kids includes; improvisations, scripts, speed training, character development and performances throughout the year!

Elementary

Instructor: Samone Dickey

Dates: Mondays, 1/8 - 5/20

Time: 4:30-5:30 pm

Ages: 5-11

Middle / Highschool

Instructor: Nicole Serrin

Dates: Tuesdays, 1/9- 5/21

Time: 6:00-7:00 pm

Ages: 11-17

Location: Kernersville Community Recreation Center

Registration: [www.dramakidsnc1@gmail.com](mailto:dramakidsnc1@gmail.com) or 336-754-4385

Archery

Intro to Archery (Youth and Adult)

This one-hour class teaches the basics of archery. You'll learn safety, equipment, and basic shooting skills.

Dates: March 16 and April 20

Days: Saturdays

Time: 10:15AM - 11:15AM

Ages: 7 and older

Location: Kernersville Community Recreation Center

Fee: \$10/each - 1 day clinic

Registration Deadline: 4:00pm the day before each class

Registration: www.kvparks.com, 336-996-3062

Intermediate Archery (Youth & Adult)

Discover more of the sport of archery through this intermediate class. Intro class required.

Dates: March 16 and April 20

Days: Saturdays

Time: 9:00AM - 10:00AM

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Youth Lacrosse

No experience needed, our coaches will give your child the fundamentals to play and enjoy the game.

Dates: Mid-February - May

Age Groups:

- Boys Grades- K-2, 3&4, 5&6, 7&8
- Girls Grades- K-5, 6-8

Practice: Mondays, Wednesdays

Games: Saturdays

Fees:

- \$125 Boys K-12, Girls K-5
- \$175 Boys 3&4, 5&6, 7&8, Girls 6-8

Registration Deadline: Sunday, February 18

Registration & Additional Info:

www.kvparks.com, 336-996-3062

Tumbling

Tiny Tots: (Ages 3-6) - 5:30PM - 6:00PM

Learn the basics of tumbling. Cartwheels, rolls and more!

Beginners: (Ages: 7-12) - 6:00PM - 6:45PM

Learn the basics of tumbling such as bridges, roundoffs, and more!

Advanced: (Ages: 7-15) - 6:45PM - 7:30PM

Advanced class works on harder skills such as aerials, front and back handsprings (MUST BE ABLE TO DO A FRONT WALK OVER TO REGISTER)

Instructor: Kyrra Davis, Experienced Instructor

Dates: 1/3 - 4/24, No class 2/14

Times: Wednesdays

Location: Kernersville Community Recreation Center

Fee: \$40/month (Tiny Tots) & \$45/month (Beginner & Advanced)

Storytime in the Park

Join us for storytime in the great outdoors at the park!

Instructor: Stefanie Kellum, Youth Services Librarian

Dates: Saturdays March 2nd & April 6th

Times: 10:00 - 11:00am

Location: Fourth of July Park

Ages: 8 & Under

Fee: FREE

For more information, call the Paddison Memorial Branch Library at 336-703-2933. May be cancelled in cases of bad or cold weather. Stay up-to-date on our Facebook

For more information about upcoming Youth & Adult programs contact 336-996- 6421 or email hchapman@toknc.com

Adult ACTIVITIES

NEW

Beginners Morning Yoga

This class works with basic yoga poses, form, balance, strength and stretching. This class modifies poses for your body as needed.

Instructor: Sally Bolin, RYT, 22 yrs. experience

Dates: 1/8 - 4/29, No class 1/15

Times: Mondays, 9:30 - 10:30AM

Location: Kernersville Community Recreation Center

Fee: \$10/class

Ages: 16 and up

Registration: www.kvparks.com

NEW

All Levels Yoga

Focuses on enduring, strength, balance, flexibility and calming of the mind. Modifications are made where needed. Open to everyone!

Instructor: Sally Bolin, RYT, 22 yrs. experience

Dates: 1/11 - 4/25

Times: Thursdays, 6:00 - 7:00PM

Location: Kernersville Community Recreation Center

Fee: \$10/class

Ages: 16 and up

Registration: www.kvparks.com

NEW

Barre

NEW INSTRUCTOR

Increase strength, flexibility and balance to achieve a full body workout. Focusing on hips, glutes, core and arms. Similar to ballet and pilates

Instructor: Melaina Staker, Certified Instructor

Dates: 1/9 - 4/23

Times: Tuesdays, 9:30 - 10:30AM

Location: Kernersville Community Recreation Center

Fee: \$10/class

Ages: 16 and up

Registration: www.kvparks.com

Clink Paint Pop Up



Join us for a fun filled 2 hour paint pop up hosted by a professional artist. No experience is needed, and all of the paint supplies / materials will be provided. Your 16x20 canvas masterpiece will be yours to take home and cherish!

Instructor: Clink Paint, Professional Painters

Dates: February 7 and April 17

Times: Wednesdays, 6:00-8:00PM

Location: Kernersville Community Recreation Center

Fee: \$35/ per person or \$60 / discounted for two

Ages: Grade school and up

Registration: www.kvparks.com

Zumba

Zumba is a class designed to meet new people while working out! This fitness class will teach different styles of dancing and at the same time you will have fun! This workout will be a mix of low and high intensity moves for an interval style, calorie-burning dance fitness party.

Instructor: Tiffany Barnes, Certified Zumba Instructor

Dates: 1/3 - 4/24

Times: Wednesdays, 6:30 - 7:30PM

Location: Kernersville Community Recreation Center

Fee: \$5/class or \$18/month

Ages: 18 and up

Registration: www.kvparks.com

Xtreme Hip Hop

Beginner friendly step class is the perfect way to get your heart pumping, improve cardiovascular health and tone those muscles, all while having a great time!

Instructor: Catina Redd, Certified Instructor

Dates: 1/8 - 4/29

Times: Mondays, 6:00-7:00PM

Location: Kernersville Community Recreation Center

Fee: \$10/ per class

Ages: 18 & up

Registration: www.kvparks.com

Adult ATHLETICS

Lacrosse

Women's (Adult and High School)

Dates: April - June

Days: Tuesdays

Times: 6:00-8:00 pm

Location: Ivey M. Redmon Sports Complex

Fee: \$45/ Person

Registration & Additional Info:

www.kvparks.com, 336-996-3062

Men's

Dates: May - June

Days: Sundays

Times: 6:00-8:00 PM

Location: Ivey M. Redmon Sports Complex or Cash

Bagley Sports Complex

Fee: \$45/ Person

Registration & Additional Info:

www.kvparks.com, 336-996-3062

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Registration Deadline: 4:00pm the day before each class

Registration: www.kvparks.com, 336-996-3062

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Dates: March 16 and April 20

Days: Saturdays

Time: 9:00AM - 10:00AM

Ages: 7 and older

Location: Kernersville Community Recreation Center

Fee: \$10/each - 1 day clinic

Registration Deadline: 4:00pm the day before each class

Registration: www.kvparks.com, 336-996-3062

Soccer



Join us for one of our Sunday afternoon coed leagues.

Dates: March 10 - June

Days: Sundays

Times: 3:00-9:00 PM

Location: Ivey M. Redmon Sports Complex or Cash

Bagley Sports Complex

Fee: \$65/ Person for the season

Registration Deadline: Team & Player Sunday, February 24th

Registration: www.kvparks.com, 336-996-3062

Softball



Join us for one of our weeknight men's, women's or coed leagues.

Dates: Week of March 18 - June

Days: Women's League - Mondays

Men's League - Mondays or Wednesdays

Coed League - Thursdays

Times: 6:30, 7:30, 8:30 & 9:30PM

Location: Ivey M. Redmon Sports Complex

Fee: \$450/Team

Registration Deadline: Sunday, March 3rd

Registration: www.kvparks.com, 336-996-3062

For more information about upcoming athletic programs and leagues contact 336-996-3039 or email acarpeter@toknc.com

Adaptive RECREATION

Challenger Cheer

This program is designed for youth and adults with disabilities who love to dance and cheer! Throughout the season, participants will focus on skill development, leadership skills, and creating friendships among their teammates.

Instructor: KPRD Staff and Volunteer

Dates: 1/22 - 3/4 (Practices)

Times: Mondays, 5:00 - 6:00pm

Location: Kernersville Community Recreation Center

Ages: 8 - 35

Cost: \$15 / season

Registration: Pre-registration required opens December 4th. www.kvparks.com, 336-564-2241

Game Dates: Feb. 1st (5:30PM-7:00PM), Feb. 12 (5:30PM-8:00PM) and March 8 (6:00PM - 7:30PM)

Challenger Basketball



This program is designed for youth and adults with disabilities to participate in a sports environment structured for their individual success. Through weekly practices and multiple games during the course of the season, participants will develop skills, build relationships with teammates, and increase confidence.

Dates: 1/22 - 3/4 (Practices)

Times: Mondays, 4:30 - 6:00pm

Location: Kernersville Community Recreation Center

Ages: 8 - 35

Cost: \$15/ season

Registration: Pre-registration required opens December 4th. www.kvparks.com, 336-564-2241

Game Dates: Feb. 1st (5:30PM-7:00PM), Feb. 12 (5:30PM-8:00PM) and March 8 (6:00PM - 7:30PM)

Adaptive Archery Clinic

This introductory clinic is designed for youth and adults with disabilities. It is structured for their successful participation with intentions of developing a new skill. All adaptive equipment will be provided.

Dates: April 20

Days: Saturday

Time: 11:30AM - 12:30PM

Ages: 7 and older

Location: Kernersville Community Recreation Center

Fee: Free, pre-registration is required

Registration Deadline: 4:00pm the day before each class

Registration: www.kvparks.com, 336-564-2241

Adaptive Cycling Clinic



**Saturday,
April 27th 2024**

FREE
Registration is required!

**Fourth of July Park
702 W. Mountain St**

More details coming soon!



SOLUTIONS FOR
Independence



Town of
KERNERSVILLE
Parks & Recreation

For more information about modifications and inclusion support for people with disabilities or concerns, call 336-564-2241 or email ecrisco@toknc.com

Thank you to our
corporate sponsors

Contact our Programming & Marketing
Coordinator at 336-996-6421 to find out
more about advertising.



Caitlin Truesdale

IT'S BO TIME!™



HWY 66



kernersville parks & facilities

Harmon Park

152 S. Main Street

Fourth of July Park

702 W. Mountain Street

Ivey M. Redmon Sports Complex

788 Beeson Rd.

Old Kenersville Lake

936 Lake Park

Kenersville Mountain Bike Park

567 Smith Edwards Rd.

Kenersville Community Recreation Center

125 E. Bodenhamer Street

Kenersville Community Pool & Water Park

1113 W. Mountain Street

Bagley Sports Field Complex

4700 Old Hollow Rd.

Civitan Park

309 Nelson Street

Founders Park

101 N. Main Street

Centery Lake Park

309 Century Blvd.

Rotary Park

134 E. Mountain Street



Join Our TEAM



Do you have a skill or talent that you would like to share with others? The Kenersville Parks and Recreation Department is looking for recreation class instructors for a variety of programs, likes and interest. Please reach out to Cady Ray at 336-992-0806.



Find us on facebook
www.facebook.com/kvparks



/kvparks125



/town of kenersville

For more information and our staff directory call 336-996-3062.