

September - December 2023

GUIDE.

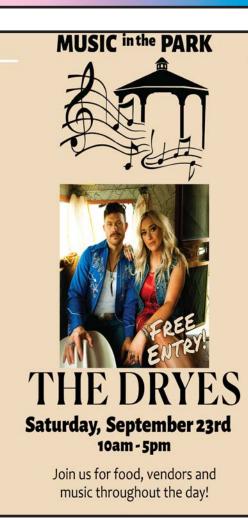


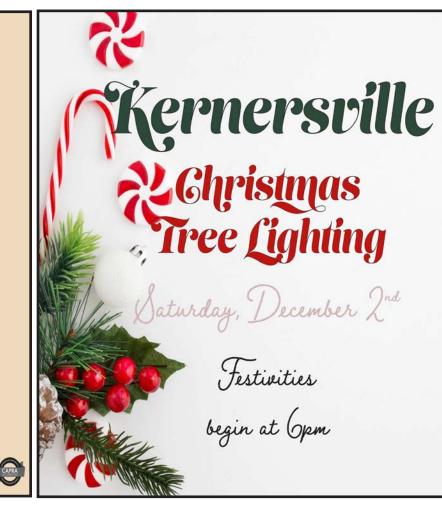


For more information scan here











Drama Kids Acting Academy

Drama Kids includes; improvisations, scripts, speed training, character development and performances throughout the year!

Elementary

Instructor: Nicole Serrin **Dates:** Mondays, 9/11 - 12/11 **Time:** 4:30-5:30PM **Ages:** 5-11

Middle / Highschool

Dates: Tuesdays, 9/12 - 12/12 Time: 6:00-7:00 pm Ages: 11-17 Location: Kernersville Community Recreation Center Fee: \$65/month Registration: www.dramakidsnc1@gmail.com or 336-754-4385





This will be a fast paced program to create a fun and positive sporting environment to grow developmental skills.

Dates: Saturdays or Sundays, 12/9 - 2/24

Times: Saturday 10:00AM -5:00PM (Game times will vary from week to week)

Location: Kernersville Community Recreation Center Age Groups (Coed): Elementary & Middle School Fee: \$45

Registration: www.kvparks.com

Tiny Tots Gymnastics

Come learn the basics of tumbling. This class helps increase fine motor skills, while having fun! Boys & Girls welcome.

Instructor: Coach K Dates: Thursdays, 9/7 - 12/21 Time: 5:30 - 6:00PM Location: Kernersville Community Recreation Center Fee: \$40 month Ages: 3-6 Registration: www.kvparks.com



Tumbling

Beginners: Come learn the basics of tumbling. Will work on handstands, round-offs and walkovers. Boys & Girls welcome.

Advanced: This class works on aerials, handsprings, tucks and more! Must know how to do a roundoff and back walk over to attend the class.

Instructor: Coach K

Dates: Thursdays, 9/7 - 12/21

Times: 6:00-6:45 (Beginner), 6:45-7:30PM (Advanced) **Location:** Kernersville Community Recreation Center **Fee:** \$45 /month

Ages: 7+ Registration: www.kvparks.com



Join us for storytime in the great outdoors at the park! Instructor: Stefanie Kellum, Youth Services Librarian Dates: Saturdays, 9/2, 10/7, 11/4 Times: 10:00 - 11:00AM Location: Fourth of July Park Ages: 8 & Under Fee: FREE For more information, call the Paddison Memorial Branch

For more information, call the Paddison Memorial Branch Library at 336-703-2933. May be cancelled in cases of bad or cold weather. Check the FCPL4KIDS Facebook page for updates.



Archery

Exploring Archery

Discover more of the sport of archery with this 4 night instructional class. Each week you will learn new skills to help you improve your knowledge and abilities in Archery. Note, all equipment wil be provided and personal eqipment will not be permitted.

Dates: Wednesdays - 10/9, 10/16, 10/23, & 10/30 Time: 7:15-8:15 pm Location: Kernersville Community Recreation Center Fee: \$30 for all four clinics Ages: 7 and older Registration: Ends 10/8, www.kvparks.com

Intro to Archery

This one hour class teaches the basics of archery! You'll learn safety, equipment, and basic shooting skills. This class is intended to make you feel comfortable shooting a bow and learn a skill that can be enjoyed throughout your lifetime.

Dates: Saturday, 9/16 or 12/2 Time: 10:15 - 11:15 AM Location: Kernersville Community Recreation Center Fee: \$10 for clinic Ages: 7 and older Registration: Ends 9/15 at noon, 12/1 at noon www.kvparks.com

Intermediate Archery

Discover more of the sport of archery through this Intermediate class.

Dates: Saturday, 9/16, or 12/2 Time: 9:00 - 10:00AM Location: Kernersville Community Recreation Center Fee: \$10 Ages: 7 and older Registration: Ends 9/15 at noon, 12/2 at noon www.kvparks.com

Lacrosse Cannons Fall Ball

Fall Ball is the perfect time to give Lacrosse a try! No experience needed. Our coaches will give you the fundamentals to play and enjoy the game. All new players can borrow protective equipment (helment, gloves, and pads for boys). All players will need to provide their own stick.

Dates: TBD Times: 6:00 - 7:30PM Location: Cash / Bagley Sports Complex Ages: Elementary School / Middle School Gender: Boys & Girls Cost: \$75 Registration: www.kvparks.com

High School Boys Training

This intermediate clinic is designed to promote; stick work, skills development and game scenerio training. Coaches are former collegiate lacrosse players. **Dates:** TBD **Times:** 6:00 - 7:30PM **Location:** Cash / Bagley Sports Complex **Length** - 8 sessions **Ages:** 7th grade - 12th grade **Skill Level:** Intermediate Required **Cost:** \$100 **Registration:** www.kvparks.com

High School Boys Advanced Training

Dates: TBD Times: 6:00 - 7:30PM Location: Cash / Bagley Sports Complex Length: 16 Sessions Ages: Experienced Varsity Players Cost: \$250 Registration: www.kvparks.com

High School Boys / Adult League

Dates: Sundays, 10/1 - 11/12 Times: 1:30PM - 3:30PM Location: Ivey M. Redmon Sports Complex Season: 6 weeks, 12 games Ages: Experienced High School Players / Adults Fee: \$45 Registration: Ends 9/29, www.kvparks.com



Find us on facebook www.facebook.com/kvparks





/town of kernersville



REFIT

Full body cardio dance fitness with elements of strength and toning. REFIT believes your workout should be fun and a way to connect with yourself and others in the community

Instructor: Cindy Teague Dates: Wednesdays, 9/6 - 10/25 Times: 5:30- 6:30PM Location: Kernersville Farmers Market, Rotary Park (Outdoors) Fee: FREE

Registration: www.kvparks.com

Pop Up Paint Night



You will be professionally led by a skilled artist to paint a one-of-a-kind 16x20 masterpiece in a fun, non-judgemental, and family friendly environment! Great for all ages. One-on-one attention provided. All paint materials provided.

Instructor: Paint Pop-Ups by Clink Paint
Dates: Wednesday, 9/27, 10/18, 11/8 & 12/6
Times: 6:00-8:00PM
Location: Kernersville Community Recreation Center
Fee: \$35 for one ticket or \$60/ for two
Registration: www.kvparks.com

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Zumba



Get Fit! Make Friends! Have Fun with Zumba Fitness! Easy to follow so no dance experience is needed. Instructors: Tiffany Barnes & Gaby Hurtado Dates: Mondays, 9/11 - 12/18 & Wednesdays, 9/6 - 12/20 Times: Mondays with Gaby- 6:30-7:30PM Fee: \$5/class, no monthly registration

Times: Wednesdays with Tiffany - 6:15 - 7:15PM **Fee:** \$5/class / \$35/month with Tiffany

Location: Kernersville Community Recreation Center **Ages:** 18 and up **Registration:** www.kvparks.com

Xtreme Hip Hop Step with Catina

Looking to take your stepping skills to the next level?

Xtreme Stepper specializes in breaking down complex step moves in just one class. Take your fitness routine to the next level.

Instructor: Catina Redd
Dates: Mondays, 9/11 - 12/18
Times: 6:00-7:00PM
Location: Kernersville Community Recreation Center
Fee: \$10/ per class, \$8/ per class if you bring your own board.

Registration: www.kvparks.com

Call 336-996-3062 for information and our staff directory.

To register visit www.kvparks.com

Futsal Winter League

Dates: Sundays, 12/10 - 3/10 Times: 3:30 - 9:30PM Location: Kernersville Community Recreation Center Season: 8 game, single elimination Ages: 18+ Fee: \$450 / team Registration: Ends 12/3, www.kvparks.com

Lacrosse- Adult / High School Boys League



Dates: Sundays, 10/1 - 11/12 Times: 1:30PM - 3:30PM Location: Ivey M. Redmon Sports Complex Season: 6 weeks, 12 games Ages: Experienced High School Players / Adults Fee: \$45 Registration: Ends 9/29, www.kvparks.com

Pickleball Clinics

Check our website for the latest updates at www.kvparks.com



Adaptive RECREATION



Challenger sports is a program designed specifically for youth and adults with disabiliites. Please check our website, kvparks.com, for specific dates and times for the Winter 2024 season - coming soon!

Dates: Mondays, 1/22 - 3/4 **Location:** Kernersville Community Recreation Center **Cost:** \$15





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Dates: Mondays, 1/22 - 3/4 **Location:** Kernersville Community Recreation Center **Cost:** \$15

Veterans Archery

Join us for a one day archery program designed for veterans with and without disabilities! Lunch will be provided. Registration required. Please visit our website for further details.

Date: Thursday, November 9th **Time:** 11:00AM -1:00PM **Location:** Kernersville Community Recreation Center

For more information about modifications and inclusion support for people with disabilities or concerns, call 336-564-2241 or email ecrisco@toknc.com





2023 Triad Walk for Apraxia Sunday, October 15

Check In: 2:00 p.m. Ceremony: 4:00 p.m. Fourth of July Park

702 West Mountain Street, Kernersville, NC 27284

Scan & Register online for FREE! — Thank you to our Sponsors!

















kernersville parks & facilities

Ivey M. Redmon Sports Complex 788 Beeson Road

Bagley Sports Field Complex 4700 Old Hollow Road

Kernersville Mountain Bike Park 567 Smith Edwards Road

Kernersville Community

Recreation Center 125 E. Bodenhamer Street Harmon Park 152 S. Main Street

Civitan Park 309 Nelson Street

Kernersville Community Pool & Water Park 1113 W. Mountain Street

> Founders Park 101 N. Main Street

Century Lake Park 309 Century Blvd.

Fourth of July Park 702 W. Mountain Street

Rotary Park 134 E. Mountain Street

Old Kernersville Lake

936 Lake Drive

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Contact Heather Chapman at 336-996-6421 to find out more about advertising and sponsorships.